

Advice for A New Year by Ann Landers

Give a soft answer.

Stop magnifying small problems.
Give yourself a reality check. Phoniness is transparent.
Walk tall and smile more. You'll

look 10 years younger.
Pay off your debt.

• Don't be afraid to say, "I love you."
They are the sweetest words in the world!

Fight against complacency. Understand another point of view.

 Laugh the loudest when the joke is on you.

• Express gratitude. Give credit where

crédit is due.

 Read something uplifting. Deep-six the trash.

• Don't discourage a beginner, nothing ventured means nothing gained.

Don't abandon your old-fashioned principles. They're never out of style.